

Trying To Get Pregnant?



Now there's a doctor recommended dietary supplement to support reproductive function formulated for women who may be having difficulty conceiving.*



Pregnitude[®]
Reproductive Support* Dietary Supplement

Pregnitude is recognized as a viable non-prescription option for women who may be having difficulty conceiving as it can help promote regular ovulation, support regular menstrual cycles and increase quality of eggs.*

www.pregnitude.com

Did you know?

More than six million women in the United States have difficulty conceiving. Some common reasons for the inability to conceive include:

- ✓ **Age:** While many women in the 30s and 40s have no problems getting pregnant, fertility declines after age 35 and changes to the ovaries and eggs make it harder for some women to become pregnant.
- ✓ **Lifestyle Factors:** Poor diet, smoking and high levels of stress, among other factors, can affect the menstrual cycle causing irregular ovulation.

Healthy Living Tips

Living a healthy lifestyle is key. Some tips to consider when trying to conceive:

- ✓ Eating healthy and maintaining a nutritious diet.
- ✓ Reduce or eliminate alcohol consumption, as well as recreational drugs and smoking.
- ✓ Low to moderate caffeine consumption.
- ✓ As delicious and healthy as fish is, certain types are high in mercury.
- ✓ Consult with your physician if you have a history of medical conditions that may prevent you from conceiving.



Talk to your doctor if you are having difficulty conceiving.

Is Pregnitide Right for You?

Planning a family is one of the most exciting decisions for a woman to make and an even more exciting journey. It is important to talk to your doctor as early as possible when you make the decision to start a family and ask if Pregnitide is right for you.

What is Pregnitide?

Pregnitide is a dietary supplement for reproductive health. Each box of Pregnitide contains a month's supply (60 packets) of the supplement in powder form. Each single serving packet of Pregnitide contains 2000mg of myo-inositol as well as 200mcg of folic acid. Women take the supplement twice daily by dissolving the odorless, tasteless and colorless powder in a glass of water.

2000mg

Myo-inositol is a naturally occurring substance produced by the human body from glucose.



200mcg

Folic Acid is a B vitamin that promotes cell growth.

Why Pregnitide may be right for you.

Multiple clinical studies have demonstrated that Pregnitide has a beneficial effect on ovulatory function, improving ovulation frequency, promoting menstrual cycle regularity and improving the quality of eggs.*

References: 1. Randomized, double-blind placebo-controlled trial: *Effects of Myo-inositol on Ovarian Function and Metabolic Factors in Women with PCOS*; S Gerli et al: European Review for Medical and Pharmacological Sciences, 2007. 2. *Effects of Myo-inositol Supplementation on Oocytes Quality in PCOS Patients: A Double-blind Trial*; L. Ciotta et al: European Review for Medical and Pharmacological Sciences, 2011.

Are you having difficulties conceiving?

Ask your doctor if Pregnitude is right for you.

- ✓ **Pregnitude**—A doctor recommended dietary supplement for reproductive health formulated for women experiencing difficulties conceiving.
- ✓ **Pregnitude** may be right for you because it can help promote regular ovulation, support regular menstrual cycles, and help increase the quality of eggs released in an ovulatory cycle.*
- ✓ **Pregnitude**—An odorless, tasteless, colorless powder that can be added to water without altering the taste.
- ✓ **Pregnitude**—Available without a prescription through pharmacy and online retailers, including: Walgreens.com and select Walgreens stores; Drugstore.com; Pregnitude.com; Amazon.com and BabyHopes.com. For more information, please visit: www.pregnitude.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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