

Are you having difficulties conceiving?

Ask your doctor if Pregnitude is right for you.

- ✓ **Pregnitude**—A doctor recommended fertility support dietary supplement for reproductive health formulated for women experiencing difficulties conceiving.
- ✓ **Pregnitude** may be right for you because it may help promote regular ovulation, support regular menstrual cycles, and help increase the quality of eggs released in an ovulatory cycle.*
- ✓ **Pregnitude**—No Pills. An odorless, tasteless, colorless powder that can be added to water without altering the taste.
- ✓ **Pregnitude**— For best results, Pregnitude should be taken for at least three consecutive months.

For more information, please visit: www.pregnitude.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Trying To Get Pregnant?



Now there's a doctor recommended fertility support dietary supplement for reproductive function formulated for women who may be having difficulty conceiving.*



Pregnitude is recognized as a viable non-prescription option for women who may be having difficulty conceiving as it can help promote regular ovulation, support regular menstrual cycles and increase quality of eggs.*

Pregnitude should not be taken by anyone with a known hypersensitivity to either Myo-inositol or Folic acid. Please refer to package insert for detailed safety information. To report an adverse event, please contact Exeltis USA, Inc. by telephone at 1-877-324-9349 or by email at contactus@exeltis.com

www.pregnitude.com

Infertility is not just a women's health issue...



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Did you know?

More than six million women in the United States have difficulty conceiving. Some common reasons for the inability to conceive include:

- ✓ **Age:** While many women in their 30s and 40s have no problems getting pregnant, fertility declines after age 35 and changes to the ovaries and eggs make it harder for some women to become pregnant.
- ✓ **Lifestyle Factors:** Poor diet, smoking and high levels of stress, among other factors, can affect the menstrual cycle causing irregular ovulation.

Healthy Living Tips

Living a healthy lifestyle is key. Some tips to consider when trying to conceive:

- ✓ Eating healthy and maintaining a nutritious diet.
- ✓ Reduce or eliminate alcohol consumption, as well as recreational drugs and smoking.
- ✓ If you drink caffeine containing products, aim for low to moderate caffeine consumption.
- ✓ Fish is delicious and healthy, select low-mercury options to enjoy.
- ✓ Consider a visit with your healthcare provider for a pre-pregnancy checkup.

www.pregnitide.com



Talk to your doctor if you are having difficulty conceiving.

Is Pregnitide Right for You?

Planning a family is one of the most exciting decisions for a woman to make and an even more exciting journey. It is important to talk to your doctor as early as possible when you make the decision to start a family and ask if Pregnitide is right for you.

What is Pregnitide?

Pregnitide is a fertility support dietary supplement for reproductive health. Each box of Pregnitide contains a month's supply (60 packets) of the supplement in powder form. Each single serving packet of Pregnitide contains 2000mg of myo-inositol as well as 200mcg of folic acid. Women take the supplement twice daily by dissolving the odorless, tasteless and colorless powder in a glass of water. For best results, Pregnitide should be taken for at least three consecutive months.



2000mg

Myo-inositol is a naturally occurring substance produced by the human body from glucose.

200mcg

Folate (as folic acid) is a B vitamin that promotes cell growth.

Why Pregnitide may be right for you.

Multiple clinical studies have demonstrated that the ingredients in Pregnitide have a beneficial effect on ovulatory function, improving ovulation frequency, promoting menstrual cycle regularity and improving the quality of eggs.*

References: 1. Randomized, double-blind placebo-controlled trial: *Effects of Myo-inositol on Ovarian Function and Metabolic Factors in Women with PCOS*; S Gerli et al: European Review for Medical and Pharmacological Sciences, 2007. 2. *Effects of Myo-inositol Supplementation on Oocytes Quality in PCOS Patients: A Double-blind Trial*; L. Ciotta et al: European Review for Medical and Pharmacological Sciences, 2011.